

UFO **HUB**



1
00:00:14,089 --> 00:00:11,450
my name is Suzanne Spooner and I've been

2
00:00:16,550 --> 00:00:14,099
a qhht practitioner for four years I

3
00:00:20,050 --> 00:00:16,560
found Delores cannon like many people do

4
00:00:22,340 --> 00:00:20,060
just watching her on YouTube clips

5
00:00:24,320 --> 00:00:22,350
trying to understand what it was that

6
00:00:25,310 --> 00:00:24,330
she was doing with this great work of

7
00:00:28,939 --> 00:00:25,320
qhht

8
00:00:33,530 --> 00:00:28,949
I really really resonated with her work

9
00:00:36,110 --> 00:00:33,540
mostly because the process allows the

10
00:00:38,930 --> 00:00:36,120
clients to find all answers are within

11
00:00:45,110 --> 00:00:38,940
themselves and I thought that was a very

12
00:00:47,690 --> 00:00:45,120
powerful way of helping people not only

13
00:00:49,670 --> 00:00:47,700

heal themselves but to find out why

14

00:00:51,799 --> 00:00:49,680

certain events have happened in their

15

00:00:56,450 --> 00:00:51,809

life and that to me just seemed like a

16

00:01:00,680 --> 00:00:56,460

really smart way about looking at their

17

00:01:02,389 --> 00:01:00,690

life and looking at my own life and

18

00:01:06,320 --> 00:01:02,399

understanding the events that had

19

00:01:08,660 --> 00:01:06,330

occurred so how I led up to doing my

20

00:01:12,859 --> 00:01:08,670

first qhht session was a little bit of a

21

00:01:15,230 --> 00:01:12,869

journey I of course once I found Delores

22

00:01:18,679 --> 00:01:15,240

I wanted to read some of her books and

23

00:01:21,410 --> 00:01:18,689

mostly I wanted to have a session with

24

00:01:24,249 --> 00:01:21,420

her so I called the office and I got on

25

00:01:26,899 --> 00:01:24,259

her very long list for a session and

26

00:01:29,300 --> 00:01:26,909

later discovered that she actually

27

00:01:32,090 --> 00:01:29,310

taught her process and that got me very

28

00:01:34,700 --> 00:01:32,100

excited so I signed up for the very

29

00:01:37,130 --> 00:01:34,710

next class in Arkansas it was several

30

00:01:39,499 --> 00:01:37,140

months away so I had some time to to

31

00:01:41,899 --> 00:01:39,509

read more of her books and understand

32

00:01:44,600 --> 00:01:41,909

the possibilities that can happen in a

33

00:01:46,100 --> 00:01:44,610

session and I came down and I took my

34

00:01:50,450 --> 00:01:46,110

class and it was it was an amazing

35

00:01:54,050 --> 00:01:50,460

experience the the camaraderie in the

36

00:01:55,670 --> 00:01:54,060

group was very special so many

37

00:01:59,600 --> 00:01:55,680

like-minded people from so many

38

00:02:02,410 --> 00:01:59,610

different walks of life and we at the

39

00:02:05,030 --> 00:02:02,420

end of the teaching part of the class

40

00:02:07,190 --> 00:02:05,040

separated into groups of three and we

41

00:02:10,369 --> 00:02:07,200

did practice sessions on each other so

42

00:02:12,199 --> 00:02:10,379

that was my very first experience it

43

00:02:13,070 --> 00:02:12,209

actually didn't go so well for me the

44

00:02:17,630 --> 00:02:13,080

first time

45

00:02:19,850 --> 00:02:17,640

I didn't get my my subject to my client

46

00:02:22,640 --> 00:02:19,860

into that really deep space and I really

47

00:02:25,250 --> 00:02:22,650

really worried if maybe I wasn't the

48

00:02:27,680 --> 00:02:25,260

right person for this job maybe I

49

00:02:32,350 --> 00:02:27,690

couldn't do this work I was a little

50

00:02:35,780 --> 00:02:32,360

deflated on how the results came out but

51
00:02:37,490 --> 00:02:35,790
the next morning our whole group of

52
00:02:39,730 --> 00:02:37,500
about a hundred students came back

53
00:02:43,100 --> 00:02:39,740
together with Dolores and Julia and

54
00:02:44,840 --> 00:02:43,110
everybody who wanted to shared what had

55
00:02:46,910 --> 00:02:44,850
happened the day before in their

56
00:02:49,250 --> 00:02:46,920
practice sessions and there were some

57
00:02:51,650 --> 00:02:49,260
people like me that didn't seem to get

58
00:02:53,449 --> 00:02:51,660
their client very far so that made me

59
00:02:56,780 --> 00:02:53,459
feel like I'm not the only one that

60
00:02:59,360 --> 00:02:56,790
can't do this but more importantly there

61
00:03:02,900 --> 00:02:59,370
were the people that really had these

62
00:03:05,750 --> 00:03:02,910
beautiful jaw-dropping experiences and

63
00:03:07,490 --> 00:03:05,760

healings and I thought wow

64

00:03:13,070 --> 00:03:07,500

you know if they can do it I can do it

65

00:03:16,400 --> 00:03:13,080

and so with that I drove back to my home

66

00:03:18,410 --> 00:03:16,410

in Des Moines Iowa and I asked my best

67

00:03:24,199 --> 00:03:18,420

friend if she would be my first client

68

00:03:28,310 --> 00:03:24,209

and she said yes and she slipped into

69

00:03:31,009 --> 00:03:28,320

hypnosis so easily and ended up having a

70

00:03:34,160 --> 00:03:31,019

beautiful past life in Egypt as a young

71

00:03:36,290 --> 00:03:34,170

boy that knew how to meld his body and

72

00:03:38,960 --> 00:03:36,300

his energy into the pot of the Sphinx

73

00:03:42,020 --> 00:03:38,970

and knew once he was there how to go

74

00:03:46,370 --> 00:03:42,030

into secret rooms and access Oz's that

75

00:03:49,220 --> 00:03:46,380

contained ancient secret material and I

76

00:03:51,320 --> 00:03:49,230

think during that session I think my jaw

77

00:03:53,479 --> 00:03:51,330

hit the ground about a hundred times and

78

00:03:57,920 --> 00:03:53,489

I wanted to call Dolores up and go oh my

79

00:04:00,620 --> 00:03:57,930

gosh it works so I knew I was good after

80

00:04:03,050 --> 00:04:00,630

that one I knew I could do this and it's

81

00:04:07,400 --> 00:04:03,060

just it's been an amazing adventure ever

82

00:04:11,840 --> 00:04:07,410

since then so for qhht session as a

83

00:04:14,000 --> 00:04:11,850

practitioner when somebody requests to

84

00:04:16,400 --> 00:04:14,010

have a session they'll usually email or

85

00:04:19,699 --> 00:04:16,410

call me we'll set up time that works

86

00:04:22,770 --> 00:04:19,709

great for both of us they I have an

87

00:04:26,840 --> 00:04:22,780

office that I work out of and

88

00:04:30,660 --> 00:04:26,850

I have a space that is it's relaxing and

89

00:04:33,000 --> 00:04:30,670

beautiful it's it's a space that people

90

00:04:37,170 --> 00:04:33,010

can come in and feel at ease in and so

91

00:04:38,640 --> 00:04:37,180

in a session how this occurs is once we

92

00:04:41,129 --> 00:04:38,650

get started we're just going to sit and

93

00:04:43,170 --> 00:04:41,139

talk and that can take one or two or

94

00:04:46,050 --> 00:04:43,180

three hours sometimes more they're

95

00:04:50,190 --> 00:04:46,060

sharing with me about their life story

96

00:04:52,890 --> 00:04:50,200

what it's been like to live through

97

00:04:54,270 --> 00:04:52,900

their life experiences the highs and

98

00:04:56,220 --> 00:04:54,280

lows and the people that have been

99

00:04:58,770 --> 00:04:56,230

helpful in the ones that haven't the

100

00:05:03,060 --> 00:04:58,780

events that have shaped them they have

101
00:05:04,830 --> 00:05:03,070
come into that appointment with a list

102
00:05:07,500 --> 00:05:04,840
of questions that they want to have

103
00:05:10,500 --> 00:05:07,510
their subconscious or high self answer

104
00:05:13,440 --> 00:05:10,510
and we'll go over that list and that

105
00:05:17,760 --> 00:05:13,450
list is actually a beautiful instrument

106
00:05:20,070 --> 00:05:17,770
to use in this process because they will

107
00:05:22,560 --> 00:05:20,080
ask questions that are both about their

108
00:05:25,050 --> 00:05:22,570
physical body and the difficulties that

109
00:05:28,290 --> 00:05:25,060
they may be having with the physical

110
00:05:32,370 --> 00:05:28,300
body a disease injury discomfort of the

111
00:05:35,490 --> 00:05:32,380
body but they also ask life questions

112
00:05:41,010 --> 00:05:35,500
and that may be to deal with

113
00:05:42,570 --> 00:05:41,020

relationships or you know curiosities

114

00:05:48,440 --> 00:05:42,580

that they've had throughout their life

115

00:05:50,790 --> 00:05:48,450

or maybe they want to know about some

116

00:05:53,310 --> 00:05:50,800

characteristics that they have or some

117

00:05:54,210 --> 00:05:53,320

special gifts that they had as children

118

00:05:56,850 --> 00:05:54,220

that they want to know more about

119

00:05:59,279 --> 00:05:56,860

anything they want to ask about they can

120

00:06:02,760 --> 00:05:59,289

put down on that list of questions so

121

00:06:05,159 --> 00:06:02,770

after we've had that great conversation

122

00:06:08,100 --> 00:06:05,169

about their life and looked over that

123

00:06:11,790 --> 00:06:08,110

list of questions then it's time to get

124

00:06:16,350 --> 00:06:11,800

ready to go into hypnosis and so I have

125

00:06:20,010 --> 00:06:16,360

them lay down on a massage table that's

126

00:06:22,290 --> 00:06:20,020

very cozy and comfortable and I just

127

00:06:25,680 --> 00:06:22,300

have them close their eyes and then I

128

00:06:29,700 --> 00:06:25,690

just start out gently guiding them

129

00:06:33,870 --> 00:06:29,710

through a very into a very deep state of

130

00:06:35,930 --> 00:06:33,880

relaxation and it's in that very deep

131

00:06:40,490 --> 00:06:35,940

state of relaxation

132

00:06:43,490 --> 00:06:40,500

they are able to quiet down that left

133

00:06:45,350 --> 00:06:43,500

brain that monkey mind and work from

134

00:06:48,200 --> 00:06:45,360

this other side of the brain this right

135

00:06:50,600 --> 00:06:48,210

side where we have clear and easy access

136

00:06:54,590 --> 00:06:50,610

to what we call our subconscious or high

137

00:06:58,840 --> 00:06:54,600

cell some people call it our gutter or

138

00:07:03,470 --> 00:06:58,850

intuition and when we have that

139

00:07:08,570 --> 00:07:03,480

connection that is the part of them

140

00:07:11,870 --> 00:07:08,580

that's guiding them in the session to

141

00:07:14,450 --> 00:07:11,880

the lifetime or the experience that is

142

00:07:18,200 --> 00:07:14,460

most appropriate for them to see in

143

00:07:20,840 --> 00:07:18,210

order to understand the questions that

144

00:07:24,260 --> 00:07:20,850

they have on their list and we'll

145

00:07:25,910 --> 00:07:24,270

explore those and see where it is that

146

00:07:29,330 --> 00:07:25,920

they're high self or subconscious is

147

00:07:31,460 --> 00:07:29,340

guiding them it never it almost never is

148

00:07:33,680 --> 00:07:31,470

where they think they're going to go

149

00:07:37,220 --> 00:07:33,690

which is really beautiful it's it's an

150

00:07:39,770 --> 00:07:37,230

amazing experience to show how big we

151
00:07:41,750 --> 00:07:39,780
all are and how how much more we are

152
00:07:44,810 --> 00:07:41,760
then this physical experience that we

153
00:07:47,900 --> 00:07:44,820
really stay focused on while we're here

154
00:07:50,540 --> 00:07:47,910
and in it and we usually will go through

155
00:07:53,690 --> 00:07:50,550
one two or three of those past lives or

156
00:07:57,590 --> 00:07:53,700
other places sometimes they'll go back

157
00:08:00,050 --> 00:07:57,600
to being an energy body and sometimes

158
00:08:02,390 --> 00:08:00,060
they go back to source and sometimes

159
00:08:07,400 --> 00:08:02,400
they are part of nature or even an

160
00:08:11,150 --> 00:08:07,410
animal all beautiful experiences to

161
00:08:14,030 --> 00:08:11,160
learn more about themselves and kind of

162
00:08:16,550 --> 00:08:14,040
the the story behind the issues that

163
00:08:18,530 --> 00:08:16,560

they want to know more about and then

164

00:08:22,040 --> 00:08:18,540

when we get done looking at that part

165

00:08:25,310 --> 00:08:22,050

and then that's where I help guide them

166

00:08:26,990 --> 00:08:25,320

into that very deep state where they

167

00:08:31,310 --> 00:08:27,000

have clear and easy access to the

168

00:08:34,550 --> 00:08:31,320

subconscious and that's when we ask

169

00:08:35,209 --> 00:08:34,560

their list of questions and that is so

170

00:08:39,350 --> 00:08:35,219

beautiful

171

00:08:42,399 --> 00:08:39,360

because with that and comes usually

172

00:08:46,070 --> 00:08:42,409

these very deep expansive answers and

173

00:08:48,050 --> 00:08:46,080

sometimes it's what the answer they

174

00:08:48,630 --> 00:08:48,060

thought was going to be but many times

175

00:08:53,130 --> 00:08:48,640

it's

176

00:08:55,710 --> 00:08:53,140

they never even knew existed you know

177

00:08:58,050 --> 00:08:55,720

sometimes the subconscious will say you

178

00:09:01,020 --> 00:08:58,060

know we'll you know she's never thought

179

00:09:04,200 --> 00:09:01,030

about this but the answer is is this and

180

00:09:05,700 --> 00:09:04,210

this and this and afterwards it just

181

00:09:08,520 --> 00:09:05,710

gives them a whole other way of looking

182

00:09:10,200 --> 00:09:08,530

at their scenario which helps them solve

183

00:09:12,660 --> 00:09:10,210

their problems a little bit faster than

184

00:09:14,940 --> 00:09:12,670

they normally would so we stay in that

185

00:09:16,980 --> 00:09:14,950

beautiful deep state of hypnosis for

186

00:09:19,530 --> 00:09:16,990

they stay in that beautiful deep state

187

00:09:22,470 --> 00:09:19,540

of hypnosis for about two hours and then

188

00:09:25,590 --> 00:09:22,480

I count them up and we see what they

189

00:09:26,940 --> 00:09:25,600

recall some people remember quite a bit

190

00:09:31,590 --> 00:09:26,950

at that time some people remember

191

00:09:33,810 --> 00:09:31,600

nothing most are in between that and we

192

00:09:36,030 --> 00:09:33,820

really talked about what it was they

193

00:09:38,040 --> 00:09:36,040

experienced and how they felt and and

194

00:09:40,050 --> 00:09:38,050

how their bodies doing because there's

195

00:09:45,170 --> 00:09:40,060

usually a big tune up of the body while

196

00:09:48,990 --> 00:09:45,180

they're in that state and away they go

197

00:09:52,740 --> 00:09:49,000

what we're accessing in the session is

198

00:09:55,350 --> 00:09:52,750

called the subconscious or the SC the

199

00:09:57,570 --> 00:09:55,360

subconscious is the part of us that has

200

00:09:59,790 --> 00:09:57,580

known us from the very beginning of our

201
00:10:02,820 --> 00:09:59,800
soul it's been with us through every

202
00:10:05,310 --> 00:10:02,830
life every experience it loves us

203
00:10:07,890 --> 00:10:05,320
unconditionally it is the part of us

204
00:10:10,700 --> 00:10:07,900
that understands all the pieces and

205
00:10:14,660 --> 00:10:10,710
parts of what our soul are it

206
00:10:18,780 --> 00:10:14,670
understands why we came into this life

207
00:10:23,330 --> 00:10:18,790
what lessons and purpose we came in to

208
00:10:27,420 --> 00:10:23,340
to learn more about to bring into the

209
00:10:29,550 --> 00:10:27,430
experience it knows how and why we're

210
00:10:32,370 --> 00:10:29,560
connecting with the key important people

211
00:10:33,540 --> 00:10:32,380
in our lives in the history of other

212
00:10:37,110 --> 00:10:33,550
times and places that we've been

213
00:10:39,930 --> 00:10:37,120

together it's the part of us that guides

214

00:10:42,330 --> 00:10:39,940

us some people call it our gut or

215

00:10:46,890 --> 00:10:42,340

intuition it's trying to always

216

00:10:49,490 --> 00:10:46,900

communicate with us but on earth we have

217

00:10:52,530 --> 00:10:49,500

this experience of having free will and

218

00:10:55,800 --> 00:10:52,540

having this great strong conscious mind

219

00:10:57,720 --> 00:10:55,810

and so it's not the part of us that

220

00:10:59,850 --> 00:10:57,730

usually guides us really easily because

221

00:11:00,590 --> 00:10:59,860

we like to think you know we're here on

222

00:11:02,480 --> 00:11:00,600

our own weird

223

00:11:04,759 --> 00:11:02,490

this by ourselves even though that

224

00:11:08,300 --> 00:11:04,769

doesn't always feel right or feel good

225

00:11:11,449 --> 00:11:08,310

that it's never away from us it's always

226

00:11:14,600 --> 00:11:11,459

with us it's always accessible and the

227

00:11:21,199 --> 00:11:14,610

most beautiful part of it I believe is

228

00:11:22,579 --> 00:11:21,209

it is indefinite it's it's expansive and

229

00:11:26,960 --> 00:11:22,589

it is part of the collective

230

00:11:30,680 --> 00:11:26,970

consciousness so in that knowing it is

231

00:11:34,389 --> 00:11:30,690

everything it is all and so when we are

232

00:11:38,329 --> 00:11:34,399

guiding the client into that very deep

233

00:11:40,970 --> 00:11:38,339

space of relaxation or hypnosis and

234

00:11:43,999 --> 00:11:40,980

having clear and easy access with the

235

00:11:48,170 --> 00:11:44,009

subconscious it has access to all

236

00:11:52,100 --> 00:11:48,180

answers to all knowledge and it it the

237

00:11:54,710 --> 00:11:52,110

subconscious and almost every time we'll

238

00:11:56,780 --> 00:11:54,720

take on its own persona its own

239

00:12:00,139 --> 00:11:56,790

personality and sometimes it's similar

240

00:12:02,300 --> 00:12:00,149

to the conscious awake person but many

241

00:12:04,009 --> 00:12:02,310

times it's not and it as a practitioner

242

00:12:07,300 --> 00:12:04,019

that's really fun to watch to see how

243

00:12:12,160 --> 00:12:07,310

that evolves and how it presents itself

244

00:12:16,160 --> 00:12:12,170

sometimes unlike the client's personal

245

00:12:18,559 --> 00:12:16,170

way of presenting themselves the SC can

246

00:12:21,999 --> 00:12:18,569

be really chatty it can be really jovial

247

00:12:26,629 --> 00:12:22,009

and humorous it can be very serious and

248

00:12:29,210 --> 00:12:26,639

the answers sometimes are so deeply

249

00:12:30,889 --> 00:12:29,220

expansive that I have to ask it to

250

00:12:32,900 --> 00:12:30,899

explain things a couple of different

251
00:12:35,179 --> 00:12:32,910
ways so that we can get it they love to

252
00:12:37,100 --> 00:12:35,189
speak in analogy which is really good

253
00:12:41,800 --> 00:12:37,110
for our human minds we tend to

254
00:12:44,480 --> 00:12:41,810
understand those quite beautifully so it

255
00:12:48,259 --> 00:12:44,490
it is the part of us that knows

256
00:12:51,759 --> 00:12:48,269
everything and that is what we're

257
00:12:56,090 --> 00:12:51,769
tapping into that is why these

258
00:13:01,040 --> 00:12:56,100
experiences of qhht session are so

259
00:13:02,509 --> 00:13:01,050
healing and so purposeful in qhht in the

260
00:13:04,819 --> 00:13:02,519
sessions we never know where they're

261
00:13:07,850 --> 00:13:04,829
going to go I tell everybody it's like

262
00:13:10,129 --> 00:13:07,860
the the Forrest Gump box of chocolates

263
00:13:12,559 --> 00:13:10,139

and that's that's very exciting

264

00:13:13,460 --> 00:13:12,569

you know sometimes sometimes clients

265

00:13:14,630 --> 00:13:13,470

will come in

266

00:13:17,750 --> 00:13:14,640

and they really have some questions

267

00:13:19,970 --> 00:13:17,760

about ETS or UFOs they've had missing

268

00:13:22,160 --> 00:13:19,980

time or they've had experiences or

269

00:13:25,760 --> 00:13:22,170

they've had dreams where it was just a

270

00:13:28,400 --> 00:13:25,770

very lifelike but on a ship or in

271

00:13:30,790 --> 00:13:28,410

another time in place and they want to

272

00:13:33,230 --> 00:13:30,800

explore that and that's wonderful

273

00:13:35,360 --> 00:13:33,240

sometimes they come in and in the

274

00:13:37,880 --> 00:13:35,370

discussion about their life they will

275

00:13:40,100 --> 00:13:37,890

let me know that they do not believe in

276

00:13:42,530 --> 00:13:40,110

UFOs they do not believe in ETS you know

277

00:13:44,330 --> 00:13:42,540

and and I always you know just keep

278

00:13:46,340 --> 00:13:44,340

myself very neutral about that but in my

279

00:13:47,900 --> 00:13:46,350

head I'm thinking oh boy they're going

280

00:13:50,390 --> 00:13:47,910

to be on a ship or they're going to be

281

00:13:52,040 --> 00:13:50,400

an alien or you know it's just so funny

282

00:13:54,020 --> 00:13:52,050

because it's sometimes what we resist is

283

00:13:56,990 --> 00:13:54,030

you know the most important part to know

284

00:13:58,780 --> 00:13:57,000

about us but I had experiences where

285

00:14:03,590 --> 00:13:58,790

clients have had very interesting

286

00:14:07,010 --> 00:14:03,600

experiences as an et or on a ship and

287

00:14:09,890 --> 00:14:07,020

again because it unfolds in the way that

288

00:14:14,350 --> 00:14:09,900

they need it to it's just sometimes most

289

00:14:22,490 --> 00:14:19,190

one of the over lying experiences is

290

00:14:26,720 --> 00:14:22,500

that even if in their memory in their

291

00:14:29,050 --> 00:14:26,730

conscious awake state if they feel that

292

00:14:32,300 --> 00:14:29,060

they have been visited or they've gone

293

00:14:34,850 --> 00:14:32,310

on a ship during a dream and they have

294

00:14:36,830 --> 00:14:34,860

some fear about that that you know they

295

00:14:39,740 --> 00:14:36,840

it was not a pleasant experience they

296

00:14:41,660 --> 00:14:39,750

were very scared about it one thing that

297

00:14:43,250 --> 00:14:41,670

we seem to always find out when they're

298

00:14:45,800 --> 00:14:43,260

in that really deep state and they've

299

00:14:50,120 --> 00:14:45,810

kind of left that conscious left-brain

300

00:14:53,090 --> 00:14:50,130

mind behind or they've receded it enough

301
00:14:56,330 --> 00:14:53,100
is that every experience truly has been

302
00:14:59,060 --> 00:14:56,340
a good experience in in my in my

303
00:15:01,910 --> 00:14:59,070
sessions they're family

304
00:15:03,560 --> 00:15:01,920
and they're checking in on on their

305
00:15:06,530 --> 00:15:03,570
family members that decided to come to

306
00:15:09,890 --> 00:15:06,540
earth and have this experience they're

307
00:15:12,110 --> 00:15:09,900
adjusting them and tuning them and in

308
00:15:14,140 --> 00:15:12,120
giving them what they need to keep

309
00:15:19,100 --> 00:15:14,150
moving forward in their human life and

310
00:15:22,430 --> 00:15:19,110
to to know and do everything that's in

311
00:15:25,070 --> 00:15:22,440
their highest and greatest good so some

312
00:15:27,380 --> 00:15:25,080
of the experiences that my clients have

313
00:15:33,710 --> 00:15:27,390

had involving UFO

314

00:15:36,680 --> 00:15:33,720

sir ETS and they're very varied and but

315

00:15:43,280 --> 00:15:36,690

they're always so interesting I once did

316

00:15:47,150 --> 00:15:43,290

a session with a an astrophysicist very

317

00:15:50,510 --> 00:15:47,160

interesting person and in his experience

318

00:15:52,760 --> 00:15:50,520

he went into the future and could see

319

00:15:56,360 --> 00:15:52,770

the year I believe it was twenty sixty

320

00:15:59,510 --> 00:15:56,370

four and in that time he was a young man

321

00:16:02,420 --> 00:15:59,520

going to an academy that was learning

322

00:16:06,200 --> 00:16:02,430

about again picking up his work of

323

00:16:09,230 --> 00:16:06,210

astrophysics and that day they were

324

00:16:13,480 --> 00:16:09,240

going to have a special guest who was

325

00:16:17,000 --> 00:16:13,490

somebody from another planet and so I

326

00:16:19,400 --> 00:16:17,010

took him to that meeting and it was a

327

00:16:22,340 --> 00:16:19,410

classroom with about at I don't know

328

00:16:25,220 --> 00:16:22,350

eight or ten other students and he says

329

00:16:27,020 --> 00:16:25,230

that the being I guess he would call him

330

00:16:29,990 --> 00:16:27,030

came into the room and he says he's

331

00:16:31,100 --> 00:16:30,000

really handsome like it's surprised I

332

00:16:32,960 --> 00:16:31,110

mean I you know he thought you'd have

333

00:16:34,850 --> 00:16:32,970

the big guy isn't that he looked he says

334

00:16:37,160 --> 00:16:34,860

he looks like a movie star and what we

335

00:16:41,750 --> 00:16:37,170

found out later was that the being could

336

00:16:44,510 --> 00:16:41,760

be any form and so he the being chose to

337

00:16:48,290 --> 00:16:44,520

come in as a form that the students

338

00:16:50,570 --> 00:16:48,300

could feel comfortable with so so that's

339

00:16:54,970 --> 00:16:50,580

why he looked the way he did but he was

340

00:16:59,330 --> 00:16:54,980

teaching them about physics and

341

00:17:02,150 --> 00:16:59,340

manifesting and creating and the client

342

00:17:05,360 --> 00:17:02,160

says oh my gosh he just created created

343

00:17:07,850 --> 00:17:05,370

out of nowhere this orange globe of

344

00:17:12,460 --> 00:17:07,860

energy and he says he's kind of moving

345

00:17:20,780 --> 00:17:16,370

the client is describing how the being

346

00:17:23,240 --> 00:17:20,790

came and gave that ball of energy at to

347

00:17:26,720 --> 00:17:23,250

each student a turn to hold and they

348

00:17:30,350 --> 00:17:26,730

could help mold and and manipulate it a

349

00:17:34,100 --> 00:17:30,360

little bit that was fascinating it was

350

00:17:36,280 --> 00:17:34,110

it was very interesting and in in that

351
00:17:38,710 --> 00:17:36,290
experience he was able to tell us that

352
00:17:42,220 --> 00:17:38,720
it was no one now

353
00:17:44,799 --> 00:17:42,230
that there are life-forms on other

354
00:17:47,159 --> 00:17:44,809
planets you know mostly probably more

355
00:17:49,210 --> 00:17:47,169
highly evolved than we ourselves are and

356
00:17:52,779 --> 00:17:49,220
he was talking about how it was

357
00:17:54,490 --> 00:17:52,789
affecting the world how the religious

358
00:17:57,610 --> 00:17:54,500
leaders and the governments had to

359
00:18:01,149 --> 00:17:57,620
really reconstruct their belief systems

360
00:18:04,360 --> 00:18:01,159
around that recently I had a session

361
00:18:06,880 --> 00:18:04,370
where it was a lady having the session

362
00:18:09,640 --> 00:18:06,890
but she went into it a time in Egypt

363
00:18:14,380 --> 00:18:09,650

where she was a young man and traveling

364

00:18:17,940 --> 00:18:14,390

through the desert he would be observing

365

00:18:19,750 --> 00:18:17,950

her just kind of watching the

366

00:18:24,010 --> 00:18:19,760

communities that he was traveling

367

00:18:26,860 --> 00:18:24,020

through and how they interacted and what

368

00:18:29,440 --> 00:18:26,870

the family life was like with the jobs

369

00:18:32,020 --> 00:18:29,450

and services were that people performed

370

00:18:35,590 --> 00:18:32,030

and he really just wanted to get back to

371

00:18:37,149 --> 00:18:35,600

this certain pyramid and eventually he

372

00:18:38,649 --> 00:18:37,159

got back there and I said what are you

373

00:18:41,529 --> 00:18:38,659

doing there and he says well I'm just

374

00:18:43,270 --> 00:18:41,539

holding my hands very close to the

375

00:18:45,399 --> 00:18:43,280

pyramid I'm feeling the vibrations

376

00:18:48,279 --> 00:18:45,409

coming off of the pyramid and I said

377

00:18:50,560 --> 00:18:48,289

okay so what does that do and what do

378

00:18:52,419 --> 00:18:50,570

you do with that and he says well I send

379

00:18:54,700 --> 00:18:52,429

a call out that I want to come home I

380

00:18:57,190 --> 00:18:54,710

said well how does that work and he says

381

00:18:59,950 --> 00:18:57,200

well my thoughts just go up through the

382

00:19:00,730 --> 00:18:59,960

top of the pyramid and it goes home to

383

00:19:03,190 --> 00:19:00,740

my family

384

00:19:06,760 --> 00:19:03,200

and it's what happens next and he says

385

00:19:09,419 --> 00:19:06,770

well the ship shows up and so this he

386

00:19:12,490 --> 00:19:09,429

looks like an Egyptian man in this

387

00:19:14,230 --> 00:19:12,500

experience until the ship comes and the

388

00:19:16,500 --> 00:19:14,240

ship comes and lands he says it's big

389

00:19:19,990 --> 00:19:16,510

enough for about four or five people and

390

00:19:22,990 --> 00:19:20,000

he as he enters the ship his form

391

00:19:25,840 --> 00:19:23,000

changes and now he's got a uniform on

392

00:19:29,200 --> 00:19:25,850

and a helmet and he's looking like the

393

00:19:32,880 --> 00:19:29,210

others that are on the ship and off they

394

00:19:34,840 --> 00:19:32,890

go and while he's in the ship he's

395

00:19:37,560 --> 00:19:34,850

downloading all the information that he

396

00:19:40,330 --> 00:19:37,570

picked up as the Egyptian boy or man

397

00:19:45,010 --> 00:19:40,340

they were studying the human

398

00:19:46,899 --> 00:19:45,020

relationships and that was a lot of fun

399

00:19:49,299 --> 00:19:46,909

I asked where does this ship go where

400

00:19:52,270 --> 00:19:49,309

his home and he says well we're going to

401
00:19:54,490 --> 00:19:52,280
the Sun and so he described

402
00:19:57,460 --> 00:19:54,500
the process of going through the Sun and

403
00:20:00,700 --> 00:19:57,470
the beings that were on the interior of

404
00:20:02,500 --> 00:20:00,710
the Sun and and that experience so again

405
00:20:08,080 --> 00:20:02,510
use you never know where they're going

406
00:20:12,490 --> 00:20:08,090
and one of one very interesting session

407
00:20:15,670 --> 00:20:12,500
that I had was he was a young man in in

408
00:20:17,410 --> 00:20:15,680
this life kind of faltering on what he

409
00:20:21,010 --> 00:20:17,420
should do with his life it was he was

410
00:20:24,100 --> 00:20:21,020
kind of a mess actually and just didn't

411
00:20:27,700 --> 00:20:24,110
seem to have any direction and what we

412
00:20:30,520 --> 00:20:27,710
found was and he had a lifetime where he

413
00:20:34,060 --> 00:20:30,530

was a soul

414

00:20:37,510 --> 00:20:34,070

I guess astronaut on a ship that was

415

00:20:43,060 --> 00:20:37,520

going out doing experiments he was

416

00:20:46,000 --> 00:20:43,070

actually a very highly evolved et having

417

00:20:48,820 --> 00:20:46,010

these experiments performed on the ship

418

00:20:50,740 --> 00:20:48,830

the ship was a living breathing and you

419

00:20:52,270 --> 00:20:50,750

know entity of its own and so it would

420

00:20:57,730 --> 00:20:52,280

interact with the ship and get this

421

00:21:00,880 --> 00:20:57,740

information it really was a transforming

422

00:21:02,710 --> 00:21:00,890

experience for him afterwards after he

423

00:21:04,600 --> 00:21:02,720

came out of the session because although

424

00:21:06,790 --> 00:21:04,610

it appears like he just isn't moving

425

00:21:08,310 --> 00:21:06,800

forward in this life and he doesn't know

426

00:21:11,050 --> 00:21:08,320

what to do

427

00:21:13,240 --> 00:21:11,060

he's seen himself in another time in

428

00:21:16,420 --> 00:21:13,250

place with great purpose and great

429

00:21:18,040 --> 00:21:16,430

direction and that gave him you know

430

00:21:21,850 --> 00:21:18,050

some understanding that he's more than

431

00:21:26,050 --> 00:21:21,860

he thinks he is here another time a

432

00:21:29,770 --> 00:21:26,060

young man came to me a very very smart

433

00:21:31,300 --> 00:21:29,780

man knew many languages but it was

434

00:21:33,100 --> 00:21:31,310

having a lot of physical issues that

435

00:21:37,720 --> 00:21:33,110

kept him from being able to hold a job

436

00:21:39,460 --> 00:21:37,730

down and not explainable with the

437

00:21:46,090 --> 00:21:39,470

doctors and all the testing and all that

438

00:21:50,100 --> 00:21:46,100

and in his experience and as we took him

439

00:21:51,750 --> 00:21:50,110

back in time and place he was on a

440

00:21:55,210 --> 00:21:51,760

planet

441

00:22:00,520 --> 00:21:55,220

it was he called a terrestrial object it

442

00:22:04,810 --> 00:22:00,530

was a the only purpose of this one

443

00:22:05,710 --> 00:22:04,820

planet which he called m1 was as an

444

00:22:07,690 --> 00:22:05,720

experimental place

445

00:22:10,720 --> 00:22:07,700

and they were experimenting on energy

446

00:22:14,950 --> 00:22:10,730

free energy working with the atmosphere

447

00:22:17,680 --> 00:22:14,960

and energy and he was a scientist there

448

00:22:20,410 --> 00:22:17,690

and was able to tell us about all these

449

00:22:22,810 --> 00:22:20,420

experiments that they're doing very much

450

00:22:26,680 --> 00:22:22,820

sounding like Tesla and and those

451
00:22:29,140 --> 00:22:26,690
experiments as well and he talked to us

452
00:22:33,210 --> 00:22:29,150
about going back to his home planet that

453
00:22:38,530 --> 00:22:33,220
it was just a really easy travel between

454
00:22:41,620 --> 00:22:38,540
m1 and his home planet and what we found

455
00:22:44,140 --> 00:22:41,630
this was a unique experience especially

456
00:22:47,590 --> 00:22:44,150
because this wasn't a past life of this

457
00:22:50,910 --> 00:22:47,600
clients this was actually another member

458
00:22:54,820 --> 00:22:50,920
of a soul group that he tapped into and

459
00:22:58,330 --> 00:22:54,830
and the the member of the soul group

460
00:23:00,280 --> 00:22:58,340
Charlie the scientists really had a

461
00:23:01,570 --> 00:23:00,290
little bit of slight awareness of my

462
00:23:04,200 --> 00:23:01,580
client I was laying there on the table

463
00:23:06,580 --> 00:23:04,210

but not so much so we just you know we

464

00:23:10,000 --> 00:23:06,590

gathered our information that way that's

465

00:23:12,850 --> 00:23:10,010

what was appropriate for him so one of

466

00:23:16,710 --> 00:23:12,860

the aspects about qhht that people like

467

00:23:19,690 --> 00:23:16,720

to experience a session for is for the

468

00:23:23,560 --> 00:23:19,700

availability of healing of their own

469

00:23:26,440 --> 00:23:23,570

body now this isn't me or a practitioner

470

00:23:29,560 --> 00:23:26,450

Healing them this is them healing

471

00:23:32,680 --> 00:23:29,570

themselves and what we find with qhht

472

00:23:35,020 --> 00:23:32,690

is that anything that is out of

473

00:23:40,440 --> 00:23:35,030

alignment in the body any discomfort

474

00:23:45,580 --> 00:23:40,450

pain injury illness accident is all

475

00:23:49,210 --> 00:23:45,590

rooted in a an emotional experience that

476

00:23:51,850 --> 00:23:49,220

they're not paying attention to it all

477

00:23:54,250 --> 00:23:51,860

relates together nothing is separate

478

00:23:57,070 --> 00:23:54,260

from one another the physical or the

479

00:24:01,270 --> 00:23:57,080

emotional so that's what we're tying in

480

00:24:04,900 --> 00:24:01,280

all together so once I had a lady come

481

00:24:08,860 --> 00:24:04,910

to me a amazing woman bless her heart

482

00:24:13,900 --> 00:24:08,870

she had so many health issues six pages

483

00:24:16,900 --> 00:24:13,910

of health questions and her doctor had

484

00:24:18,670 --> 00:24:16,910

given her six months to live by the time

485

00:24:19,020 --> 00:24:18,680

she got to me she was in her seventh

486

00:24:21,780 --> 00:24:19,030

month

487

00:24:23,700 --> 00:24:21,790

so she had hung on longer there was no

488

00:24:27,840 --> 00:24:23,710

more that the doctors could do for her

489

00:24:31,080 --> 00:24:27,850

her biggest issue was her heart the

490

00:24:34,680 --> 00:24:31,090

descending aorta had been operated on

491

00:24:38,220 --> 00:24:34,690

and it was repaired in working okay the

492

00:24:38,880 --> 00:24:38,230

the biggest problem was the a sending

493

00:24:41,370 --> 00:24:38,890

aorta

494

00:24:44,430 --> 00:24:41,380

it was ballooning out and the surgeons

495

00:24:47,400 --> 00:24:44,440

couldn't open her up anymore without it

496

00:24:50,120 --> 00:24:47,410

being catastrophic so that was

497

00:24:54,840 --> 00:24:50,130

essentially why she wasn't going to be

498

00:24:56,760 --> 00:24:54,850

given a long prognosis after that so in

499

00:24:59,010 --> 00:24:56,770

the session as we always do we have this

500

00:25:01,530 --> 00:24:59,020

this time of talking and sharing about

501
00:25:04,950 --> 00:25:01,540
what their life has been and it had been

502
00:25:07,830 --> 00:25:04,960
a tough life many many things had

503
00:25:09,660 --> 00:25:07,840
happened in her life she was somebody

504
00:25:11,640 --> 00:25:09,670
who was very sensitive and took on other

505
00:25:14,220 --> 00:25:11,650
people's energy and she actually did

506
00:25:17,430 --> 00:25:14,230
that really well in that she let it go

507
00:25:22,200 --> 00:25:17,440
except for with one key person in her

508
00:25:25,470 --> 00:25:22,210
life and she would take all of his pain

509
00:25:27,900 --> 00:25:25,480
and discomfort on but she kept it and we

510
00:25:30,270 --> 00:25:27,910
found that that's a lot of the reasons

511
00:25:34,440 --> 00:25:30,280
of why her body was in the shape that it

512
00:25:39,990 --> 00:25:34,450
was in so we had a lot of work to do in

513
00:25:44,130 --> 00:25:40,000

that session and as the subconscious was

514

00:25:46,440 --> 00:25:44,140

working doing a body scan it started

515

00:25:50,400 --> 00:25:46,450

working with the heart and it was really

516

00:25:51,900 --> 00:25:50,410

quite interesting because it said that

517

00:25:55,680 --> 00:25:51,910

the repair of the descending aorta

518

00:25:57,000 --> 00:25:55,690

really wasn't all that great and so it

519

00:25:59,250 --> 00:25:57,010

was going to go ahead and go in and

520

00:26:02,610 --> 00:25:59,260

finish that up and get that running

521

00:26:06,660 --> 00:26:02,620

better and it said okay we're working up

522

00:26:07,980 --> 00:26:06,670

here on the ACE ending aorta and I'm

523

00:26:09,990 --> 00:26:07,990

listening you know it's always

524

00:26:11,820 --> 00:26:10,000

interesting I always ask you know how

525

00:26:14,370 --> 00:26:11,830

are you doing this Phoenix I want to

526

00:26:17,130 --> 00:26:14,380

know and I want them to understand the

527

00:26:20,040 --> 00:26:17,140

amazing ways that their subconscious

528

00:26:21,930 --> 00:26:20,050

works with them to heal the body and so

529

00:26:23,610 --> 00:26:21,940

what it said is well what we're going to

530

00:26:27,030 --> 00:26:23,620

do here is we are going to reinforce

531

00:26:29,370 --> 00:26:27,040

this part of the heart so I can function

532

00:26:32,549 --> 00:26:29,380

in the way that it needs to and we're

533

00:26:36,090 --> 00:26:32,559

wrapping it with a special material

534

00:26:37,980 --> 00:26:36,100

we'll from another planet I thought what

535

00:26:39,720 --> 00:26:37,990

the heck that's pretty interesting so

536

00:26:43,710 --> 00:26:39,730

you know tell me about it and it says

537

00:26:47,009 --> 00:26:43,720

it's a golden fabric that is that is

538

00:26:49,279 --> 00:26:47,019

from a special loom and this golden

539

00:26:51,690 --> 00:26:49,289

fabric will hold everything in place and

540

00:26:53,970 --> 00:26:51,700

the heart is going to function just fine

541

00:26:56,669 --> 00:26:53,980

after this session because of that being

542

00:26:58,440 --> 00:26:56,679

there for her and it says if a surgeon's

543

00:27:00,989 --> 00:26:58,450

scalpel was to touch it it would break

544

00:27:02,610 --> 00:27:00,999

the scalpel so it was that it was

545

00:27:05,820 --> 00:27:02,620

lighter than air and stronger than steel

546

00:27:08,850 --> 00:27:05,830

and doing the work that it needed to do

547

00:27:11,340 --> 00:27:08,860

her heart was enlarged what we would

548

00:27:16,139 --> 00:27:11,350

normally say is to enlarge to be healthy

549

00:27:19,169 --> 00:27:16,149

but the SD said for her she came in with

550

00:27:21,119 --> 00:27:19,179

a lot of love for for many people and it

551
00:27:22,859 --> 00:27:21,129
was going to make a concession and the

552
00:27:25,739 --> 00:27:22,869
heart would be fine staying enlarged

553
00:27:29,759 --> 00:27:25,749
because she has this capacity to love so

554
00:27:32,609 --> 00:27:29,769
many people now it went through and did

555
00:27:35,039 --> 00:27:32,619
healing all throughout the body from

556
00:27:38,220 --> 00:27:35,049
from the brain all the way down to the

557
00:27:40,529 --> 00:27:38,230
tips of the toes for her and it said

558
00:27:42,180 --> 00:27:40,539
although when she came into the session

559
00:27:46,549 --> 00:27:42,190
she believed her time on earth was

560
00:27:49,680 --> 00:27:46,559
coming to an end that truly her job and

561
00:27:53,249 --> 00:27:49,690
was just beginning her true purpose here

562
00:27:56,279 --> 00:27:53,259
her true purpose was to heal herself and

563
00:27:58,440 --> 00:27:56,289

it said although many things are going

564

00:28:01,080 --> 00:27:58,450

to be resolved in this session today as

565

00:28:02,879 --> 00:28:01,090

many times they are for for the clients

566

00:28:04,980 --> 00:28:02,889

it says this is going to take about a

567

00:28:08,220 --> 00:28:04,990

year to get her completely back into

568

00:28:10,499 --> 00:28:08,230

health again and but what she is going

569

00:28:12,989 --> 00:28:10,509

to do as she's healing and after she's

570

00:28:15,239 --> 00:28:12,999

healed is that she is going to speak in

571

00:28:18,210 --> 00:28:15,249

front of thousands and she has these

572

00:28:20,430 --> 00:28:18,220

medical records showing how depleted the

573

00:28:22,739 --> 00:28:20,440

body was and how close to death she was

574

00:28:24,330 --> 00:28:22,749

and she will go in front of the doctors

575

00:28:26,549 --> 00:28:24,340

and the health care workers and the

576

00:28:29,430 --> 00:28:26,559

public and she'll hold her records up

577

00:28:34,950 --> 00:28:29,440

and she'll say I healed myself I healed

578

00:28:37,619 --> 00:28:34,960

myself I healed myself and that will be

579

00:28:39,869 --> 00:28:37,629

a great demonstration to this new

580

00:28:43,109 --> 00:28:39,879

awareness that that humanity is coming

581

00:28:46,740 --> 00:28:43,119

on that we all have the capacity to heal

582

00:28:48,539 --> 00:28:46,750

ourselves and she's she's one that I

583

00:28:51,090 --> 00:28:48,549

stayed in contact with she'll give me

584

00:28:53,190 --> 00:28:51,100

updates from time to time and it's been

585

00:28:56,250 --> 00:28:53,200

about nine months now since her session

586

00:28:58,620 --> 00:28:56,260

she's doing better she listens to her

587

00:29:00,360 --> 00:28:58,630

recording so that she can get the words

588

00:29:00,840 --> 00:29:00,370

and the vibration the frequency of

589

00:29:02,520 --> 00:29:00,850

herself

590

00:29:05,549 --> 00:29:02,530

in that beautiful space of her

591

00:29:08,070 --> 00:29:05,559

subconscious and everything is healing

592

00:29:10,740 --> 00:29:08,080

and repairing her life has taken

593

00:29:14,430 --> 00:29:10,750

different turns so that she can be in a

594

00:29:18,649 --> 00:29:14,440

better place emotionally and things are

595

00:29:22,140 --> 00:29:18,659

looking up for her one of the amazing

596

00:29:24,600 --> 00:29:22,150

takeaways from doing the work that I do

597

00:29:27,630 --> 00:29:24,610

and watching these people transform

598

00:29:30,539 --> 00:29:27,640

themselves is that it reminds me that

599

00:29:32,909 --> 00:29:30,549

all of us have the ability to have clear

600

00:29:36,830 --> 00:29:32,919

and easy access to our inner guidance

601
00:29:42,210 --> 00:29:36,840
our subconscious our high self and so

602
00:29:44,850 --> 00:29:42,220
when we have that awareness of being in

603
00:29:46,680 --> 00:29:44,860
clear communication with this part of us

604
00:29:51,480 --> 00:29:46,690
that loves us unconditionally and knows

605
00:29:54,990 --> 00:29:51,490
all of our answers it reminds me to to

606
00:29:57,779 --> 00:29:55,000
be still and ask questions and most

607
00:29:59,909 --> 00:29:57,789
importantly to listen because that part

608
00:30:03,360 --> 00:29:59,919
of us always wants to communicate with

609
00:30:07,169 --> 00:30:03,370
us and wants us to have a beautiful life

610
00:30:10,049 --> 00:30:07,179
experience so you know I like to tell

611
00:30:12,120 --> 00:30:10,059
people in your meditation time in in

612
00:30:13,680 --> 00:30:12,130
your mornings as you're just waking up

613
00:30:16,370 --> 00:30:13,690

or at night when you're just going to

614

00:30:19,500 --> 00:30:16,380

sleep in your bodies in a relaxed state

615

00:30:24,140 --> 00:30:19,510

ask yourself what do I need to know

616

00:30:26,789 --> 00:30:24,150

today and then be quiet and just listen

617

00:30:28,980 --> 00:30:26,799

pay attention to the images or the

618

00:30:30,810 --> 00:30:28,990

pictures that may show up or the words

619

00:30:33,240 --> 00:30:30,820

or the thoughts that come in and trust

620

00:30:36,120 --> 00:30:33,250

that that is your subconscious that's

621

00:30:38,730 --> 00:30:36,130

your high self and it's so happy to have

622

00:30:42,060 --> 00:30:38,740

communication and I practice that now

623

00:30:45,060 --> 00:30:42,070

and it seems to me that when we allow